



LEADER *Guide*

WELCOME PROMISE LIFE LEADER!

We're thrilled that you've decided to use the Promise Life curriculum series as you positively influence, impact, and ignite the women around you.

While there are many books, resources, and leadership networks aimed at strengthening leaders, few resources address the distinctive role of women in leadership from a biblical perspective. Our desire at Promise Life is to empower women to lead more effectively no matter where they lead, and to see themselves as an intricate part of God's plan in all spheres of life.

Whether you lead in the boardroom or the playroom, the marketplace or in ministry, we want to help you understand your identity as a woman. Our job is to provide resources to further develop a woman's leadership potential and equip her with tools to take action.

Promise Life Chapters look different everywhere. But there are some common forms they take. You may be accessing this guide because you are hosting a large group gathering with your church. You might be getting the girls in the office together for a lunch conversation once a week. You could be inviting some friends over to your home for a small group. No matter what it looks like in your context, this is your Promise Life Guide.

Keep an open mind, an open heart and open hands to what God is saying to you as you use the curriculum and workbooks. May you and the women in your group embrace your leadership identities with our doubt or fear and positively impact the world around you.



**Fully convinced that God
was able to do what he
had promised.**

Romans 4:21 ESV

Leader roadmaps

1 REGISTER AS A PROMISE LIFE LEADER

Sign up at apromiselife.com and a member of the Promise Life Team will reach out to you by phone or email.

2 GET CONNECTED

Create your login for the Leader Hub. The leader Hub is a place for you to connect with other Promise Life Leaders, get resources you need, and find answers to any questions you may have. When you log in, you will find these resources:

3 PLAN MEETING DETAILS

Home, church, or office?

Weekly, bi-weekly, or monthly?

Professionals, moms, college students, creatives, grand mothers, entrepreneurs, pastors, or some of each?

4 ORDER THE PROMISE LIFE CURRICULUM

You'll need Prayer Journal plus one workbook for each woman in your Chapter. You can find Promise Life Curriculum [here](#).

5 LEAD YOUR FIRST CHAPTER MEETING

We think a great way to start your first Chapter meeting is for everyone to get to know each other and play the Promise Life Launch Video. This video casts vision for who the Promise Life Woman is and introduces the “why” behind Chapters. Then the second time you gather, you can jump right into the curriculum.

6 ATTEND MONTHLY LEADERSHIP TRAINING WEBINARS

Continue your development as a leader and connect with other leaders from around the globe.

MONTHLY LEADERSHIP

Training Webinars

“See yourself as a leader. Know yourself as a leader. Grow yourself as a leader.”

As a Promise Life Leader, we invite you to be a part of a free monthly leadership training designed to help you and other Promise Life Leader cultivate your gifts and elevate your leadership to next level.

Hear from Tamara Ellison, founder of Promise Life and E2F and other Promise life women as they share insight and practical tools from their own leadership experience.

PROMISE LIFE LEADERSHIP WEBINARS ARE A FREE MONTHLY TRAINING DESIGNED TO:

- Equip you with expert, inspiring, and practical takeaways
- Address the challenges of leadership and how to overcome them
- Give you a glimpse into the global network of Promise Life leaders through interviews with Promise Life women from around the world.

You'll walk away from these training with a fresh perspective, strengthened faith, and practical tips for your daily leadership.

RECENT TOPICS INCLUDE:

- The power in the ask: How to grow your chapter
- Future Focus: How to see and set vision
- The creative leader How to be one, Lead one, and raise one
- Overworked and overwhelmed: what to do when leadership gets hard

MEETING TIPS

DEFINE YOUR PURPOSE. Why are you meeting together as a group? And why did you pick this particular group of women? Make it clear that this is a time to learn, grow, discover, equip and empower these women to grow as individuals and as a group. Cast the vision for the group during every single meeting.

HAVE A GAME PLAN. Have a schedule for each meeting. Are you planning on eating together? Having worship? Introducing the night with an icebreaker? A plan will allow you to feel more relaxed and focused on what's going on with your women.

BREAK INTO SMALLER GROUPS, IF NECESSARY. Most conversation happens best in smaller groups. If you have a large group, you may want to assign table leaders. Having table leaders is a great way to instill a leadership mentality in women. Do you have 5 committed women? Consider choosing some women who have leadership experience and others who have never lead before to provide a new opportunity for growth. Tell each table leader that they are each responsible to bring at least two women to your meetings. Then ask them to challenge each woman at their table to bring another woman next time. Soon you'll be multiplying like wild.

SET UP A GROUP EMAIL OR TEXT MESSAGE (the **GroupMe App** is a great resource) Communication is key to starting off on the right foot as a group. Make sure everyone is on the same page with the same information. Get in the habit of communicating the day before each meeting. When one of your members doesn't show up be sure to send her a message letting her know you missed her!

KEEP AN EYE ON TIME. Start on time or 5 min after - this communicates awareness and respect for everyone's schedules. Make sure you have enough time to watch the 20-25 minute dvd curriculum have great conversation guided by the questions in the propel workbook and time for prayer together if you wish. You want these women to leave with anticipation --- wanting more and excited for the next conversation!

CREATE A MENTORSHIP CULTURE. There will often be women older and younger than you. Model discipleship to your women. Allow yourself to both learn from others and pour into others. You can always encourage the mentees to plant chapters in their workplaces, colleges, homes. Etc.

PRAY. Pray as you invite these individuals to join the group pray before your first meeting, pray for these women in between meetings, and pray together as a group.

SHARE. After each meeting connect with other leaders and the Promise Life Team to share what's been working and not working in your meetings! Post photos. Prayer request, ad updates regularly. And once you feel established as a chapter leader share your experiences and wisdom with the other leaders who are posting questions in the Leader Hub Private Facebook group.

GETTING STARTED (SESSION 1-2)

It's your first Promise Life Chapter meeting!

- 1 Welcome everyone in your group as they arrive. Introduce the women to each other if they don't yet know each other. Ask the women to share a little bit about themselves (names, current place in life, relationship to you the group leader) OR if these women already know each other, ask them to share one word they would use to describe themselves and why they chose that word. Then give an overview of your time together. Watch the promise life video, and use the workbook question as a guide for conversation. As the group leader, it is your responsibility to facilitate the question from the workbook, at least for the first session. Be sure to answer the question yourself, especially if it takes time for people to warm up to each other. Silence is okay. And so is asking others to speak up, like: "Who wants to go first?" or "What do you ladies think about that?" Create space for these women to be authentic and vulnerable. Affirm their thoughts with a simple comment like, "Thanks for sharing that-what a great thought!" Make sure you are aware of the time, and use the last 5 minutes to wrap-up and discuss details for the next meeting: date, time, location. Encourage further discussion over email, group text or video chat, if desired.
- 2 When your second meeting happens, you may want to begin with introductions again. This is especially important if new members have arrived. Be mindful as you facilitate the question and conversation that some women may not feel comfortable going deep or talking about their spiritual lives if they're new to the group and new to church. That's okay. It takes time to warm-up, especially if this is a new group of women. If someone in your group dominates conversation, make sure to kindly step in and ask for input from the other women, like "Thank you for sharing your thoughts, Emily. Does anyone else have any thoughts on these questions? And keep encouraging and equipping these women - Let them know you appreciate them and you value the insights and perspectives they bring to the group. Pray for the group, or ask the women how you can be praying for them until your next meeting. And then actually pray.

Session 3-5

TRANSFERRING LEADERSHIP

Now is the time to start equipping and empowering the other women in your group. Consider asking someone else to facilitate a portion of all of the workbook questions. Or maybe someone else prays for the group. And maybe someone coordinates social time for the group outside of your regular meeting time. Once group members are comfortable with conversation and with each other, look for ways to develop, equip and empower the women both inside and outside the group.

Session 6

CELEBRATE TOGETHER

This is your last session! Take a few minutes at the end of your time together - after the DVD and the workbook questions - to celebrate. Celebration happens in many different ways meeting at a special location, or sharing a special meal, or offering something you've learned from the group over the past 6 sessions. If time permits, ask the women of your group to share something they've learned. This facilitates encouragement and creates positive feedback for every member of the group.

Discuss your plans for the future. You're ready to dive into the next Promise life Curriculum! You may want to take a break, but go ahead and plan a start date.

Don't forget to post your photos and stories from your meetings to the Leader HuB and the Leader's Facebook group.

Stay Connected

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